

## SALADSTOP! MENU

### CREATE-YOUR-OWN SALADS, WRAPS OR WARM QUINOA BOWLS (PRICES VARY)

#### THE SIGNATURES

##### **OH CRAB LAH! \$11.20 (SALAD); \$11.00 (WRAP)**

ROMAINE, CRAB STICKS, EGG, VERMICELLI, CHERRY TOMATOES, RED ONIONS, CROUTONS, SINGAPORE CHILI CRAB

##### **HAIL CAESAR \$11.20 (SALAD); \$11.00 (WRAP)**

ROMAINE, SHAVED PARMESAN, EGG, CROUTONS, BACON BITS, CLASSIC CAESAR (+\$1.50 FOR ROASTED CHICKEN) OR (CHANGE TO BABY KALE FOR +\$1.50)

##### **JAI HO! \$12.00 (SALAD); \$11.80 (WRAP)**

ROMAINE, TANDOORI CHICKEN, POTATO, CHICKPEAS, CHERRY TOMATOES, CAPSICUM, CUCUMBER, INDIAN SPICED YOGURT

##### **GO GEISHA \$9.80 (SALAD); \$9.60 (WRAP)**

RED & WHITE CABBAGE, FIRM TOFU, SOBA NOODLES, EDAMAME, CARROTS, SNOW PEAS, CUCUMBER, SESAME SEEDS, JAPANESE MISO

##### **TUNA SAN \$13.00 (SALAD); \$12.80 (WRAP)**

ROMAINE, SEARED TUNA, AVOCADO, EDAMAME, CHERRY TOMATOES, MANDARIN ORANGE, SESAME SEEDS, WASABI HONEY SOY

##### **BIG BIRD \$12.80 (SALAD); \$12.60 (WRAP)**

ROMAINE, ROAST TURKEY, AVOCADO, GREEN APPLE, CELERY, GRAPES, RANCH

##### **SUNSHINE REGGAE \$12.00 (SALAD); \$11.80 (WRAP)**

ROMAINE, TUNA FLAKES, BROWN RICE, SNOW PEAS, BROCCOLI, CHERRY TOMATOES, RED ONIONS, WALNUTS, FRESH LEMON & OIL

##### **OMEGA 3 BABY! \$12.80 (SALAD); \$12.60 (WRAP)**

ROCKET AND ROMAINE, SMOKED SALMON, BROCCOLI, CHERRY TOMATOES, BEETROOT, RED ONIONS, SUNFLOWER SEEDS, BALSAMIC VINAIGRETTE

##### **INHALE EX-KALE \$13.00 (SALAD); \$12.80 (WRAP)**

ROMAINE, BABY KALE, CAJUN PRAWNS, FETA CHEESE, EGGS, CHERRY TOMATOES, GREEN APPLES, GRAPES, SUNFLOWER SEEDS, CARROT GINGER

##### **IRON "WO" MAN \$12.00 (SALAD); \$11.80 (WRAP)**

BABY SPINACH, FETA CHEESE, ROASTED PUMPKIN, RAISINS, TOASTED ALMONDS, RASPBERRY VINAIGRETTE

**SUMMER FLING \$10.80 (SALAD); \$10.60 (WRAP)**

ROMAINE, BABY KALE, GRILLED TOFU, BROWN RICE, CARROTS, GRAPES, SWEET CORN, POMELO, SESAME LIME (+\$1.00 FOR QUINOA PATTY)

**THE CLASSICS**

**COBB SALAD \$13.90 (SALAD); \$13.70 (WRAP)**

ROMAINE, CHERRY TOMATOES, ONIONS, EGG, CHEDDAR CHEESE, AVOCADO, ROASTED CHICKEN, BACON BITS, RANCH

**GREEK SALAD \$11.20 (SALAD); \$11.00 (WRAP)**

ROMAINE, CHERRY TOMATOES, RED ONIONS, CUCUMBER, BLACK OLIVES, FETA CHEESE, BALSAMIC VINAIGRETTE

**NICOISE SALAD \$11.20 (SALAD); \$11.00 (WRAP)**

ROMAINE, CHERRY TOMATOES, POTATO, FRENCH BEANS, BLACK OLIVES, EGG, TUNA FLAKES, FRESH LEMON & OIL

**CHEAPER THAN A FACIAL \$9.80 (SALAD); \$9.60 (WRAP)**

ROMAINE, CHERRY TOMATOES, VERMICELLI, CUCUMBER, CARROTS, MANGO, THAI LEMON GRASS

**WARM QUINOA BOWLS**

**GARDENS BY THE GRAIN \$12.20**

QUINOA, BABY SPINACH, ZOTTARELLA CHEESE, CHERRY TOMATOES, MUSHROOM, BLACK OLIVES, BROCCOLI, TOASTED ALMONDS, COMCROP BASIC VINAIGRETTE

**CHIHUAHUA \$12.20**

QUINOA, ROCKET, ROASTED CHICKEN, AVOCADO, BLACK BEANS, CHERRY TOMATOES, JALAPENOS, CHEDDAR CHEESE, SMOKED PIMENTO VINAIGRETTE

**Q DON \$11.00**

QUINOA, BABY KALE, GRILLED TOFU, EGG, EDAMAME, SWEET CORN, CUCUMBER, MANDARIN ORANGE, WAFU GINGER

**GRAB & GO SALADS**

**BASIL PESTO ANGEL HAIR W SLOW BAKED SALMON \$6.50**

ANGEL HAIR PASTA, BAKED SALMON, GRILLED ZUCCHINI, PARMESAN CHEESE, GRILLED TOMATO, ALMOND FLAKES, ROCKET LEAF, COMCROP BASIL VINAIGRETTE

**MIDDLE EASTERN LENTILS WITH CRISP TEMPEH \$5.50**

LENTILS, FRIED TEMPEH, TANDOORI CAULIFLOWER, CAPSICUM, YELLOW RAISINS, FRESH CORIANDER, ARABIAN PIMENTO VINAIGRETTE

**RICE NOODLE WITH LEMONGRASS SHRIMP \$5.50**

RICE NOODLES, DEEP FRIED TOFU CUBES, GREEN MANGO, SHRIMP, CARROT, PEANUT, FRIED SHALLOTS, MINT LEAF, CORIANDER LEAF, RED CHILLI, THAI CHILLI, NOODLE SAUCE

**FRESH BEETROOT QUINOA WITH CAJUN CHICKEN BREAST \$6.50**

QUINOA, ROASTED CHICKEN SLICES, ROASTED CARROTS, ROASTED PARSNIP, SHALLOT, ITALIAN PARSLEY, MINT LEAF, CORIANDER BEETROOT VINAIGRETTE

**CITRUS MUSTARD BULGAR WHEAT WITH FETA CHEESE \$6.50**

BULGAR WHEAT, SLICED KALE, CHERRY TOMATO, GREEN OLIVES, FETA CHEESE, SHALLOT, ALMOND FLAKES, ITALIAN PARSLEY, CITRUS MUSTARD VINAIGRETTE

**HAINANESE CHICKEN QUINOA \$6.50**

CHICKEN BREAST STRIPS, QUINIA, BEAN SPROUT SALAD

ON THE SIDE: HOMEMADE FRESH CHILLI & SOY GRAVY (CONTAINS GLUTEN)

**MEDITERRANEAN GRILLED VEGETABLES \$6.50**

GRILLED GREEN & YELLOW ZUCCHINI, GRILLED EGGPLANT, ROASTED SWEET POTATO, SUN DRIED TOMATO, GREEN OLIVE, BAKED MUSHROOM, RED PEPPER HUMMUS DIPS